

Meal Prices

Student Lunch: \$3.45 to \$4.70

Reduced Lunch: \$.40

Adult Lunch: \$4.50

Conestoga High School Lunch Menu December

Please register at www.paypams.com for FREE! View your child's account balance, account statement & receive low balance email notifications! Deposits made on-line will incur a \$1.95 fee. All other services are free.

M 12/4 Baked Potato Bar w/Meat Sauce, Broccoli, Sour Cream, Bacon Bits Fresh Baby Carrots, Pears & Peaches
 T 12/5 BBQ Roasted Chicken, Dinner Roll, Creamy Potato Salad, Baked Beans, Fresh Apple, Chilled Fruit Cocktail
 W 12/6 Pizza Dippers, Marinara Sauce, Steamed Broccoli, Cucumber Slices w/Dip, Applesauce, Chilled Peaches
 TH 12/7 Bacon Cheeseburger on a Kaiser, Creamy Potato Salad, Baked Beans, Fresh Apple, Chilled Fruit Cocktail
 F 12/8 Personal Pizza, Steamed Corn, Carrot Sticks, Fresh Grapes, Chilled Mixed Fruit

M 12/11 Cheese Steak w/ Fried Onions & Sauce, Steamed Corn, Fresh Baby Carrots, Chilled Pears & Peaches
 T 12/12 Toasted Cheese with Tomato Soup, Steamed Green Beans, Fresh Orange, Chilled Applesauce
 W 12/13 Meatball Parmesan Sandwich on a Sub, Seasoned Steamed Carrots, Cucu w/dip, Pears, Fresh Apple
 TH 12/14 Chicken Parm over Pasta, Steamed Green Beans, Tossed Salad, Fresh Banana, Diced Peaches
 F 12/15 Soft Taco w/Fixings, Black Beans & Corn, Broccoli w/Dip, Fresh Orange, Chilled Mixed Fruit

M 12/18 Chicken & Broccoli Alfredo Over Noodles Tossed Salad, Fresh Carrot Sticks, Fresh Grapes, Mixed Fruit
 T 12/19 Lasagna Roll-ups, Steamed Green Beans, Broccoli w/Dip, Sliced Peaches and Applesauce
 W 12/20 Pizza Dippers with Marinara Sauce, Corn, Fresh Salad, Apple Slices w/Cinnamon, Pineapple Chunks
 TH 12/21 Chicken Cacciatore over Rice, Steamed Corn, Tossed Salad, Fresh Banana, Diced Peaches
 F 12/22 Fish & Chips, Seasoned Peas, Cole Slaw, Fresh Orange, Diced Pears

M 1/1 **No School Happy New Year**
 T 1/2 Cheese Ravioli with Spaghetti Sauce, Seasoned Peas, Tossed Salad, Chilled Peaches, Fresh Apple
 W 1/3 Macaroni & Cheese, Tomato Vegetable Soup, Baby Carrots w/dip, Fresh Grapes, Chilled Pears
 TH 1/4 Teriyaki Chicken over Rice, Oriental Vegetables, Baby Carrots w/Dip, Mandarin Oranges, Pears
 F 1/5 Spaghetti w/Meatballs, Tossed Salad, Baby Carrots w/dip, Applesauce, Orange



Cheeseburger, Grilled Chicken, Chicken Patty, Vegetarian Burgers



Ham, Turkey, Roast Beef, Tuna Salad, Chicken Salad, Hot & Spicy Ham, Salami, 3 Cheeses and



Traditional Salad Bar and Specialty Salad Bar



Two Pasta's and Two Sauces Available Daily



Two Soups and/or Chili Daily



Mickey's Cheese Pizza Plus One Daily Special



Premade Salads, Wraps, Deli Sandwiches

(8oz) 1% White Milk, Non-Fat White Milk and Non-Fat Chocolate Milk included with all Meals

Important - www.paypams.com

PayPams registration is FREE giving you access to account balances, low balance email notifications and statements. We encourage all parents/Guardians to register. Point of Sale payments can be made by check or cash at school. Please include your child's name and pin # with all pre-payments. You may also pay online at www.paypams.com. PayPams charges \$1.95 transaction fee for deposits made online, but all other services are free.